ZOONOTIC BIOSECURITY PLAN HYGIENE RULES APPLYING TO ALL PEOPLE ENTERING THE STABLE

- 1. Change from work clothes to your own clothes EVERY time you leave the stable to prevent contamination of your own clothes with dust from the work clothes. Keep your own clothes as far away as possible from the work clothes. Preferable have your own clothes in a closed closet.
- 2. Wash hands EVERY time you leave the stable through the ante room. Dry your hands in paper towels rather than cloth towels (cloth towels attract bacteria!). It is recommended to disinfect your hands with a sanitizer containing minimum 2 ml alcohol with glycerol. However, make sure your hands are clean and dry before using hand sanitizer.
- 3. Ideally, **shower** when changing clothes in the ante room, preferably every time you leave the stable, but as a minimum by the end of the workday.
- 4. Keep the ante room clean and tidy. No boots on the area between clean and dirty area in the ante room.
- 5. Wash work clothes in the ante room in the stable. If this is not possible, place work clothes in plastic bags, seal the plastic bags before leaving the stable and open them carefully in front of the washing machine. Discard the plastic bag immediately and clean the area around the washing machine. Wash at minimum 60 degrees. Wash hands immediately after touching the dirty laundry.
- 6. Wash and/or disinfect tools and other equipment when it is taken from the stable. This especially applies to devices such as mobile phones and computers that are often shared with other members of the household.
- 7. All visitors must be offered clean spare clothes incl. clean socks. Visitors are generally recommended not to bring their mobile phones into the stable.







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CROSS WHEN DONE